

Presented by:
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678 Physician in Training Advice: Change, Control, Character

0:00 Introduction
0:54 Change, Control, Character
2:02 Greater Lexington Swim Association (GLSA)
2:54 Similarities of a Sports Arena to Life
3:07 Fellowship at Hughston Clinic(Dr.James Andrews)
4:37 Jerry Claiborne University of Kentucky
5:21 Thomas D. Brower, MD
6:14 No trailblazer
6:44 Taking Care of the UK Football Team(Carwell and Donnie Gardner, Dr.Houston. Dr.Andrews)
7:13 Dr.Hotshot, What do you do?
8:00 Fellowship with Dr.Andrews(jack nicklaus)
8:29 Ethics Of Sports Medicine
9:42 22 yrs KY sports med, 10 yrs UK sports med(Dr.smith, Dr.Ireland, Dr.grant)
10:34 Office Manager pleads guilty to stealing(Louis Taylor, James Hood)
11:50 Will Rogers Quote
12:15 22 Fellows: 1988 to 2005(Scott Jackson, Susan Ott, Chis Daughtery)
12:45 Team Physician Uk 1984–1996 Eku 1988–2006
13:44 Loyalty
14:15 Complications
14:53 Wood Simpson's post about his wife
15:38 Better(Atul Gawande)
16:17 Will Rogers Quote (ACL Study Group, Bangkok, Thailand 2010 – Dr. Chenin)
16:58 Balancing Life As a Team Physician
17:25 Personal Ten Commandments
18:22 Dont Whine
18:27 Resilience
19:45 UK Auditorium Marquee(Aviad Haramati PhD, Sian Cotton PhD)
21:03 Mindfulness
21:47 Mind Full or Mindful?
22:50 Definition of a Mentor
23:16 Be a leader
23:58 Duke Athlete Hall of Fame(Frank Bassett)
24:47 The Best Medicine(www.therightmedicinebook.com)
25:12 The Creativity Cure(Carrie and Alston Barron MD)
26:17 Expect the Unexpected(Malala Yousadzai, Sheryl Sandberg, Adam Grant)

27:27 Physician Training Advice(Dr.Ben Kibler)
27:52 Start with the end in mind(Steven Covey)
28:19 Organization of Your Personal Life
30:51 Important Advice
31:11 At Your Funeral
31:34 Circle of Life
32:42 80's UK Medical Team(Al Green, Sue Stanley, John Perrine)
34:29 Pam Whitehead's Funeral
35:00 Eulogy by Dr.Frank Noyes
35:37 "this is water" speech
36:30 Conclusion

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